Week 1 Menu

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|  | **Monday**  | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast**  | Selected cereals, toast and spreads with a choice of milk or water |
| **Morning Tea** | Seasonal fruit platter with yoghurt  | Wholemeal banana muffins | Fruit salad mix  | Seasonal fruit platter with yoghurt | Apple, cheese and toast slices  |
| **Beverage** | Milk and water |
| **Lunch** | Mexican Beef tortilla wraps  | Tuna Mornay with rice, corn, carrots and peas  | Chicken stir fry with noodles, broccoli, and carrots  | Veggie Spaghetti bolognaise with cheese and bread  | Pizza muffins, ham, cheese, tomato and pineapple |
| **Babies lunch**All babies will also have the option of the main lunch  | Pumpkin and sweet potato mash  | Pureed seasonal veggies  | Broccoli and potato mash  | Pureed seasonal veggies  | Cauliflower and broccoli mash with rice  |
| **Beverage** | Water |
| **Afternoon tea** | Wholemeal cheese toasties | Dip, cracker, cheese and veggie sticks  | Savoury Swirls  | Weetabix muffins with yoghurt  | Hummus and flat bread  |
| **Beverage** | Water |
| **Late Snack**  | Rice cakes with cheese, vegemite, and jam options with seasonal fruit a water |