Week 1 Menu

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Selected cereals, toast and spreads with a choice of milk or water | | | | |
| **Morning Tea** | Seasonal fruit platter with yoghurt | Wholemeal banana muffins | Fruit salad mix | Seasonal fruit platter with yoghurt | Apple, cheese and toast slices |
| **Beverage** | Milk and water | | | | |
| **Lunch** | Mexican Beef tortilla wraps | Tuna Mornay with rice, corn, carrots and peas | Chicken stir fry with noodles, broccoli, and carrots | Veggie Spaghetti bolognaise with cheese and bread | Pizza muffins, ham, cheese, tomato and pineapple |
| **Babies lunch**  All babies will also have the option of the main lunch | Pumpkin and sweet potato mash | Pureed seasonal veggies | Broccoli and potato mash | Pureed seasonal veggies | Cauliflower and broccoli mash with rice |
| **Beverage** | Water | | | | |
| **Afternoon tea** | Wholemeal cheese toasties | Dip, cracker, cheese and veggie sticks | Savoury Swirls | Weetabix muffins with yoghurt | Hummus and flat bread |
| **Beverage** | Water | | | | |
| **Late Snack** | Rice cakes with cheese, vegemite, and jam options with seasonal fruit a water | | | | |