

# Developmental Milestones

FROM BABY TO TODDLER



4 MONTHS

- smiles spontaneously at people
- responds to affection
- holds up head unsupported



9 MONTHS

- has favorite toys
- uses finger to point to things
- can sit on own



1 YEAR

- is shy or nervous with strangers
- uses simple gestures
- pulls self to stand up



2 YEARS

- says 2-4 word sentences
- can sort shapes and colors
- begins to run



3 YEARS

- can follow simple instructions
- climbs well
- plays make-believe



5 YEARS

- counts 10 or more things
- uses fork and spoon
- uses toilet on own